

Burgas State University "Prof. Dr. Asen Zlatarov"



Approved by:
Rector:
(Prof. Dr. Sotir Sotirov)

Higher Education Curriculum in the specialty of 'Hotel and Restaurant Management' Educational and Qualification Degree Professional Bachelor

Field of study: 3. Social, economic and legal sciences
Professional area: 3.9. Tourism
Professional qualification: Professional Bachelor's degree
Duration of study: 3 years /6 semesters/
Mode of study: Full-time study

Approved by CC of CT
Approved by AC of CT

Protocol № 20/14.04.2026
Protocol № 60/23.04.2026

I. CURRICULUM TIME FUND

C o u r s e	Classroom hours	Examination sessions	Practices:			State exam	Academic breaks	Total
			Study practice	Work-based training	Specialized practice			
	weeks	weeks	weeks	weeks	weeks	weeks	weeks	weeks
I.	30	11					11	52
II.	30	11			9*		11	52
III.	25	11				4	12	52
IV.								

*This internship is carried out in a real work environment for a period of 45 days during the peak tourist season."

II. CURRICULUM PARAMETERS

1.	Classroom hours, h.	(C)	1800	%
	Lectures	(L)	495	27,5
	Seminars	(S)	785	43,6
	Practical exercises	(P)	520	28,9
	Physical Education and Sports		60	hours

Practices		number	hours
Study practice	(s)	14	330
Work-based training	(tr)	4	120
Specialized practice	(sp)	1	40

2.	Subjects	number	hours	%
	Mandatory (m)	29	1075	59,7
	Elective (e)	16	725	40,3
	Optional (o)	3		0,0

Independent study, h. (I)		3660	h.
Classroom/Independent study =		49,2	%
	number	hours	
Course projects (cp)	1	15	
Coursework (cw)	2	45	

3.	Assessment method (AM):	Exam (s) 24	Continuous assessment (ca) 25	Confirmations (c) 0
4.	Form of completion	State exams 1. In the specialty.		
5.	Schedule of the academic program: Approved annually by the Academic Council			

III. ACADEMIC PROGRAM PLAN

First semester												
No	Subject	Type	L h.	S type h.	P type h.	C h.	I h.	C/I %	AM	Credits		
1.	Introduction to Tourism	m	30		s	15	45	75	60,0	e	4	
2.	Food and Beverage Science and Sensory Analysis	m	30		s	30	60	120	50,0	e	6	
3.	Food Safety and Quality Control Standards	m	15		s	15	30	60	50,0	e	3	
4.	Service Technology in Restaurant Management	m	15		s	30	45	75	60,0	e	4	
5.	Practical Training in a Restaurant	m			tr	30	30	60	50,0	ca	3	
6.	Specialized Foreign Language 1 (List 1)	e		45			45	75	60,0	ca	4	
7.	Specialized Foreign Language 2 (List 1)	e		60			60	120	50,0	ca	6	
8.	Physical Education and Sports									ca		
Total:			90	105	120	315	585	53,8		30		
Second semester												
No	Subject	Type	L h.	S type h.	P type h.	C h.	I h.	C/I %	AM	Credits		
1.	Information Technology	m	15		s	15	30	90	33,3	e	4	
2.	Hotel and Restaurant Technological Equipment	m	15		s	15	30	90	33,3	e	4	
3.	Service Technology in Restaurant Management	m	15		s	30	45	105	42,9	e	5	
4.	Documentation Management in Tourism Business	m	15	15			30	90	33,3	e	4	
5.	Practical Training in a Restaurant	m			tr	30	30	60	50,0	ca	3	
6.	Specialized Foreign Language 1 (List 1)	e		45			45	75	60,0	ca	4	
7.	Specialized Foreign Language 2 (List 1)	e		60			60	120	50,0	ca	6	
8.	Optional Subject (List 2)	o								ca		
9.	Physical Education and Sports									ca		
Total:			60	120	90	270	630	42,9		30		
Third semester												
No	Subject	Type	L h.	S type h.	P type h.	C h.	I h.	C/I %	AM	Credits		
1.	Economics of Hotels and Restaurants	m	30	cw	30		60	90	66,7	e	5	
2.	Microeconomics	m	15		15		30	60	50,0	e	3	
3.	Food Technology and Design	m	30			s	45	75	100,0	e	5	
4.	Service Technology in Hotel Management	m	30			s	30	60	90	66,7	ca	5
5.	Practical Training in a Restaurant	m				tr	30	30	30	100,0	e	2
5.	Specialized Foreign Language 1 (List 1)	e			45		45	45	100,0	ca	3	
7.	Specialized Foreign Language 2 (List 1)	e			60		60	90	66,7	ca	5	
8.	Elective Subject (List 3)	e	15			15	30	90	33,3	e	2	
9.	Physical Education and Sports	o								ca		
Total:			120	150	120	390	570	68,4		30		
Fourth semester												
No	Subject	Type	L h.	S type h.	P type h.	C h.	I h.	C/I %	AM	Credits		
1.	Event Management and Catering	m	15			s	30	45	75	60,0	e	4
2.	Healthy and Balanced Nutrition	m	15			s	15	30	60	50,0	e	3
3.	Macroeconomics	m	15		15		30	60	50,0	e	3	
4.	Practical Training in a Hotel	m				tr	30	30	60	50,0	ca	3
5.	Specialized Foreign Language 1 (List 1)	e			45		45	75	60,0	ca	4	
6.	Specialized Foreign Language 2 (List 1)	e			60		60	120	50,0	ca	6	
7.	Elective Subject (List 4)	e	15			15	30	60	50,0	ca	3	
8.	Physical Education and Sports	o								ca		
9.	Specialized Practice	m				sp	40	40	80	50,0	ca	4
Total:			60	120	130	310	590	52,5		30		
Fifth semester												
No	Subject	Type	L h.	S type h.	P type h.	C h.	I h.	C/I %	AM	Credits		
1.	Tourism Marketing	m	30		30		60	120	50,0	e	6	
2.	Principles of Management	m	15	cw	15		30	90	33,3	e	4	
3.	Tourism Destinations and Markets	m	15		15		30	60	50,0		3	
4.	Human Resource Management in Tourism	m	15	cp	15		30	60	50,0	e	3	
5.	Specialized Foreign Language 1 (List 1)	e			45		45	105	42,9	ca	5	

6.	Specialized Foreign Language 2 (List 1)	e				50			50	130	38,5	ca	6
7.	Elective Subject (List 5)	e	15			15			30	60	50,0	ca	3
Total:			90			185			275	625	44,0		30
Sixth semester													
No	Subject	Type	h.	type	h.	type	h.	h.	h.	%	AM	Credits	
1.	Pricing and Pricing Policy in Tourism	m	15		15			30	60	50,0			
2.	Software Products and Innovative Technologies in Tourism	m	30			s	30	60	60	100,0	e	4	
3.	Thematic Seminar	m				s	15	15	45	33,3	e	2	
4.	Specialized Foreign Language 1 (List 1)	e			45			45	45	100,0	ca	3	
5.	Specialized Foreign Language 2 (List 1)	e			45			45	75	60,0	ca	4	
6.	Elective Subject (List 6)	e	15			s	15	30	30	100,0	ca	2	
7.	Disaster and Accident Protection in Tourism	m	15					15	45	33,3	e	2	
8.	Comprehensive State Exam	m							300		e	10	
Total:			75			105		60	240	660	36,4		30

Lists of Elective and Optional Subjects

List 1	
1.	English language
2.	German language
3.	French language
4.	Russian language

Optional Subjects - List 2	
1.	Project Management
2.	Leadership and Teamwork in Tourism
3.	Crisis Management

List 3	
1.	Sommelier Studies
2.	Silver Service
3.	Protocol Service

List 4	
1.	Culinary Arts and Photography
2.	Tourism animation
3.	Family hotel management

List 5	
1.	Medical Spa and Wellness Hotels
2.	Digital Marketing Communications
3.	Social Psychology in Tourism

List 6	
1.	Bartending
2.	Alternative Forms of Tourism
3.	Product Development and Innovation in Tourism

Note 1: The Bulgarian language exam taken by international students is recognized as a foreign language exam.

Note 2: The course "Physical Education and Sports" is taught in the first and second semesters

with 30 hours per semester. The total of 60 hours, in accordance with the Regulations for the Implementation of the Physical Education and Sports Act, Art. 36(1), is not included in the maximum number of hours required for obtaining the Professional Bachelor's degree. Two credits are awarded per semester, and the form of assessment is continuous assessment.

Note 3: Students may choose an optional subject at their discretion. One course is selected from List 2 consisting of 15 hours of lectures and 15 hours of practical sessions, and carrying 2 credits.

Assessment method – continuous assessment. The total hours are not included in the maximum number of hours in the curriculum for obtaining the professional qualification.

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