



## STATEMENT

**By Assoc. Prof. Varvara Pancheva, PhD**

Professional direction 7.4. "Public Health", scientific specialty "Social Medicine and Organization of Health Care and Pharmacy", Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov", Burgas,  
Member of the scientific jury, according to order No. RD-289/18.10.2023 of the Rector of the University "Prof. Dr. Asen Zlatarov" – Burgas

**Regarding:** competition for the occupation of an academic position "Associate Professor" in the field of higher education 7. Health care and sports, professional direction 7.5. Health care, scientific specialty "Management of health care", promulgated in the Official Gazette, no. 69/11.08.2023

One candidate participated in the announced competition:  
Head assistant Monika Ruseva Obreykova DPH

The candidate has submitted all the necessary documents for participation in the competition, corresponding to the requirements of the Law on the Development of the Academic Staff in the Republic of Bulgaria (LDASRP), the Rules for its Application and the Rules for the Terms and Conditions for Acquiring Scientific Degrees and Holding Academic Positions at a University "Prof. Dr. Asen Zlatarov" - Burgas.

### **Brief biographical and professional data about the candidate's development:**

Head assistant Monika Ruseva Obreykova DPH was born on September 13, 1970 in Burgas. In 1991 graduated from the "Dr. Konstantin Vezenkov" Semi-Higher Medical Institute, Burgas with a specialty "Nursing - general profile". In 1996 increased her qualifications and obtained a master's degree in the specialty "Social Activities" with a specialization in "Social Management" and qualification Social Worker at the Faculty of Pedagogy of the Burgas Free University. In 2014, she graduated with a master's degree in "Health Care Management" with a specialization in "Health Care Manager and Practitioner" at Trakia University, Stara Zagora. In 2023, he defends the EQD "Doctor" in Health Care Management at the Ministry of Health of Trakia University, Stara Zagora.

His professional career began in 1991. and until 2002 works at ORB Burgas as an operating nurse in the Neurosurgical operating room. From 2002 to 2015 holds the position of nurse in "Children's and school health care" in "Kyril and Methodius" Secondary School – Burgas. In 2015 after a competition, she was appointed to "Prof. Dr. Asen Zlatarov" University - Burgas to the "Health Care" department to the position of "Teacher", which she held until 2018, from 2018 to 2022 she was to the position of "Senior Lecturer", and from 2022 and until now he is in the position of "Head Assistant" at "Prof. Dr. Asen Zlatarov" University - Burgas. Her teaching activities include:

**Lectures and practical exercises of students from the specialty "Nurse" and "Medical assistant", EQD "Bachelor"** in 6 academic disciplines: Nursing care for children and adults with disabilities; "Nursing care for patients with surgical diseases" Part I and II; "Nursing care of the mother and newborn" ; Nursing care for children and adults with disabilities; Patient care and nursing technique". Leads educational/clinical/practice and pre-graduate internship for the specialty "Nurse" EQD "bachelor".

**She is a lecturer at the Professional Training Center at BAHC:**

- Training on education projects;
- Training of medical specialists from "Children's and School Health" on postgraduate studies;
- Training of social workers and personal assistants.

She is a member of BAHC, BSAPH, university and faculty committees.  
She speaks English and Russian.

**Evaluation of the candidate's research activity - quantitative and qualitative indicators:**

Head Assistant Monika Obreykova has submitted a signed comprehensive evidentiary material containing detailed lists, references, summaries and full-text copies of scientific works after acquiring the position of "Head assistant", diplomas, references for citations, declaration of originality and authenticity of the attached documents. The presented materials contain the necessary information to carry out a quantitative and qualitative assessment of her overall academic development. The works presented are in the field and the issues of the competition - field of HE 7. "Health and sport", professional direction 7.5. "Health Care", scientific specialty "Health Care Management".

The candidate fulfills the conditions for occupying the academic position " Associate Professor" in accordance with Art. 29 of LDASRP and minimum required points for the academic position " Associate Professor ", according to IRLDASRP in District 7. "Health and Sports", professional direction 7.5. "Health care".

In Table 1, I confirm the presented scientometric values, according to which Head Assistant Monika Obreykova fulfills all the conditions for occupying the academic position "Associate Professor" in accordance with Art. 73 of the Regulations on the terms and conditions for acquiring scientific degrees and occupying academic positions at the University "Prof. Dr. Asen Zlatarov" Burgas and the minimum required points:

**Table 1.** Minimum required points for the academic position "Associate Professor" in District 7. "Health and Sports", professional direction 7.5. "Health care" according to IRLDASRP. at the University "Prof. Dr. Asen Zlatarov"-Burgas.

<b>A group of indicators Content</b>	<b>Head Assistant Monika Obreykova fulfillment of the requirements for Associate Professor</b>	<b>Minimum requirements of the University for an Associate Professor</b>
<b>A Indicator 1</b>	<b>50</b>	<b>50</b>
<b>B Indicator 2</b>	<b>0</b>	<b>0</b>
<b>C Indicator 3</b>	<b>100</b>	<b>100</b>
<b>D Indicator 4</b>	<b>0</b>	<b>0</b>
<b>E Sum of indicators from 5 to 9</b>	<b>477, 5</b>	<b>220</b>
<b>F Sum of indicators from 10 to 12</b>	<b>200</b>	<b>60</b>
<b>G Sum of indicators from 13 till the end</b>	<b>65</b>	<b>20</b>
<b>Total</b>	<b>892,5</b>	<b>450</b>

According to indicator B, a monograph is presented: Child and school health care - vision and perspectives, Ed. Flat, 2023, 197 pages, ISBN 978-619-7125-97-9.

According to indicator E.21, a study guide is presented: Practical foundations of nursing care. Nursing care for children with disabilities. Methodical guide – Part I, Ed. Flat, 2023, 119p. ISBN 978-619-7755-01-5

She participated in the competition with 24 publications, of which: 8 were independent, in 9 she was the first author, in 7 she was a co-author. Of the presented publications, 4 are in English, 1 in a scientific edition, referenced and indexed in world-famous databases with scientific information (Scopus; Web of Science). All editions are peer-reviewed and indexed. Declarations of equal participation by the other authors in joint publications are attached.

A reference to the citations is presented - a total of 23 items, of which 1 in Scopus, 4 in Web of science, 7 in monographs. The information is presented correctly without auto-citations.

She has participated in 24 conferences: 5 Bulgarian and 19 international conferences.

All published scientific works with which the candidate participates in the competition do not overlap with the publications that she presented when defending the dissertation work for the educational and scientific degree "Doctor".

She participated in 6 research projects, of which 1 was funded by the Ministry of Education and Science and 5 were funded by the University.

Provides scientific methodical counseling to more than 10 students who participated with reports in scientific forums.

#### **Main directions of publication activity and contributions from scientific works:**

The presented works of the candidate correspond in terms of subject matter and content in the following main areas:

- **Public health, health promotion** – health education; health culture; primary prevention aimed at minimizing the severity of diseases; early childhood development; developing models of care promoting prevention and health promotion in children.
- **Health care** – quality and organization of health care in child and school health care; interdisciplinary approaches for complex activity in children with disabilities, health care management focused on healthy people.
- **Quality of medical education** – formation of professional training in health care students; communication process in the context of the healthcare professional-patient relationship.

As significant, we can define the contribution regarding the optimization of child and school health care in our country with proposed changes in the regulatory framework. With a view to protecting and strengthening children's and adolescents' health, Head Assistant M. Obreikova DPH proposes a "*Theoretical model for organizing health promotion for children and adolescents from children's institutions*". Another significant contribution is the author's proposed model "*Modern vision of the professional competence of the nurse working with children with disabilities*", which is aimed at increasing the competence of nurses caring for children with special and specific needs and their families. This model is timely, useful and applicable in the process of deinstitutionalization and humanization of social and health support for the child with a disability and his family. A "*Guide for parents of children with disabilities*" has been developed, which has a scientific-applied nature aimed at parents of children with disabilities for behavior and care in the home environment, as well as where to find medical and social assistance.

In the presented methodological guide "Practical foundations of nursing care for children with disabilities" the topics "Medical model for care for children with disabilities", "Social model for care for children with disabilities", "Admission and residential care - essence and specifics" have been developed. , "Types of disabilities, specificity and nursing care", "The role of the nurse in the care of children with disabilities", which contribute to increasing the professional training of students from the "nursing" specialty, as well as to increasing the awareness of parents, society, institutions on the issue under consideration.

#### **Assessment of the candidate's educational and teaching activities:**

Attached is a certificate of secured educational employment in the last 6 years. Head Assistant Monika Obreykova DPH has a teaching load for the last three academic years averaging 709.5 classroom teaching hours per year. Conducts lectures, exercises, practical training and pre-diploma internship at FPHHC. Participates in the teaching of mandatory, elective and optional subjects for the acquisition of the EQD "Bachelor" to students from the "Nurse" and "Medical Assistant" specialties. The report on the study load covers the requirements of the RTCASDOAP (regulations on the terms and conditions for acquiring scientific degrees and occupying academic positions) of the University "Prof. Dr. Asen Zlatarov" - Burgas. It also participates in the postgraduate studies of medical and non-medical specialists - nurses, social workers and assistants from Burgas Municipality, Karnobat Municipality, Rouen Municipality.

Information on participation in the development of 7 study programs for the specialties "Nurse" and "Health Care Management", EQD "Bachelor", as well as 5 programs for postgraduate studies is presented..

#### **Conclusion**

The examination of the materials for the competition for the academic position "Associate Professor" of Head Assistant **Monika Obreykova** shows that the normative requirements of the Law on the Development of the Academic Staff of the Republic of Bulgaria, the Rules for its Application and the Rules for Conditions are covered in quantitative and qualitative terms and the procedure for acquiring scientific degrees and holding academic positions at the University "Prof. Dr. Asen Zlatarov" - Burgas.

The candidate presents a sufficient volume of scientific works, in which there are original scientific and applied contributions.

On the basis of the mentioned contributions and the provided documentation, I give a positive assessment of the activity of Head Assistant **Monika Obreykova** and I VOTE POSITIVE, suggesting that the members of the scientific jury also vote positively for her selection for the academic position "Associate Professor" in the field of higher education 7 Health care and sports, professional direction 7.5. Health Care, in the scientific specialty "Health Care Management", in the Faculty of Public Health and Health Care at the University "Prof. Dr. Asen Zlatarov" - Burgas

10.11.2023 г.  
Burgas

Prepared the statement:  
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