Университет "Проф. Д-р Асен Златаров" 8010 Бургас, бул. "Проф. Якимов" №1 Per. No. 806 /24.02 2025.

STANDPOINT

by

Assoc. Prof. Monika Ruseva Obreykova, PhD Faculty of Public Health and Healthcare, Department of Healthcare University "Prof. Dr. Asen Zlatarov" - Burgas

Internal member of the Scientific Jury, according to Order № RD 448/27.12. 2024 of the Rector

of the University "Prof. dr Asen Zlatarov" - Burgas

Competition for awarning the academic position of "Associate Professor" in the Field of Higher Education 7. Health and Sports, Professional Field 7.5. Health Care, and additional qualification: Master's Degree in "Health Care Management", and specialty "Nurse", announced in the State Newspaper, № 91/29.10.2024, p.165.

There is only one candidate participating in the competition: senior lecturer Petya Stefanova Stefanova, PhD, lecturer at the Faculty of Public Health and Healthcare at the "Prof. Dr. Asen

Zlatarov" University -Burgas.

Professional path

Senior lecturer Petya Stefanova, PhD acquired a semi-higher education in the specialty "Nursing" - general profile at the semi-higher institute "Dr. K. Vezenkov" Burgas in 1983; 2003 graduated with a Bachelor's degree in "Business Management" - "Health Management" at the University "Prof. Dr. Asen Zlatarov" Burgas; 2012 graduated with a Master's degree in "Health Care Management" at the University "Prof. Dr. Asen Zlatarov" - Burgas; In 2024, at Trakia University, Faculty of Medicine, she obtained a "PhD" in the scientific specialty "Health Care Management". The dissertation is on the topic: "Competencies of the nurse for integrated health social care of elderly people with functional dependences and chronic diseases in them home ".

The professional path of senior lecturer Petya Stefanova, PhD, began as a regular nurse from August 1983 to September 2015 in the Surgical Departments, OARIL, Emergency Department, Central Medical Center - Burgas. In recent years, she has also held the position of senior nurse and head nurse at the University Hospital "Deva Maria" - Burgas. Since 2013, as a part-time lecturer, she has been conducting clinical practice and exercises in the specialty "Nurse" at the "Prof. Dr. Asen Zlatarov" University - Burgas.

Since 2015, she has been a lecturer at the University "Prof. Dr. Asen Zlatarov" Burgas. In 2015, she was appointed as a lecturer at the Department of "Health Care" for students of the specialty "Nurse". Since 2018, she has been a senior lecturer at the department and participates in the educational process of the specialties "Nurse" and "Medical Assistant".

She is fluent in Russian language - B2 and English language - B1.

Senior lecturer Petya Stefanova is the regional president of BAHPN - Burgas. She is a member of - Bulgarian Scientific Society of Public Health; Advisory Council on Health Care to the Municipality of Burgas, the General Assembly of the University "Prof. Dr. Asen Zlatarov", Academic Council of the University "Prof. Dr. Asen Zlatarov".

General description of the submitted materials for the competition

For participation in the competition, senior lecturer Petya Stefanova, PhD has provided a total of 16 publications, 1 monograph and 1 textbook. Shi is a single author on 4 publications, first author on 8, and 4 publications in English.

The publications are in referenced and indexed databases and in NACID. Senior lecturer Petya Stefanova, PhD has participated in 13 international forums in the country and abroad with full text (Bulgaria, Albania, Greece, Poland). She has participated in 1 national and 2 international conferences with abstracts in conference proceedings.

Petya Stefanova, PhD, is a participant in the organizational committees of 5 student scientific conferences, one of which is international. She is a member of the Program Committee of the

Scientific and Practical Conference "Emergency Medicine in Disaster Situations, Terrorism and Severe Traumatism" - 2024.

The provided reference shows that senior lecturer Petya Stefanova, PhD has conducted scientific consulting for over 10 students in scientific forums with 3 prize places received.

A positive indicator of the candidate's scientific activity is participation in 8 projects. Intra-

university - 6, national - 1, international project - 1 (the Erasmus+ program).

The scientific indicators of senior lecturer Petya Stefanova are exceed those required according to the Regulations of the University "Prof. Dr. Asen Zlatarov" - Burgas for holding the academic position of "associate professor".

III. Evaluation of the candidate's scientific works

The scientific interests of senior lecturer Petya Stefanova, PhD cover a wide range of scientific issues, which are entirely within the specialty of the announced competition.

The works have a scientific-theoretical and scientific-applied and methodological nature. They are a reflection of the research and teaching activities of senior lecturer Petya Stefanova. They can be summarized in the following main areas:

1. Health care - management of integrated health and social care for people with functional dependence and chronic diseases, multidisciplinary approach to palliative home care management, quality of care management in pre-hospital and hospital care, telemedicine and health care.

2. Public health, prevention and promotion of health, prophylaxis of socially significant diseases - health needs, health education in risk groups of the population, quality of life of people with

functional dependence, bioethical aspects of quality of life and chronic diseases.

3. Quality of education in the field of "Health care" - increasing the competencies of students and specialists in "Health care" in the fields of "Public Health" and "Health care Management" through participation in projects, educational programs and postgraduate training, in accordance with the modern reading of the specialties providing health and social care and the increased needs of society.

IV. Monographs and books

Senior lecturer Petya Stefanova, PhD participated in the competition with one independent monograph and 1 textbook in co-authorship.

1. Monograph: Stefanova P., Multidisciplinary approach in home palliative care, ISBN 978-619-7353-89-1, 145 pp., published by "Baltika 2002", 2024.

2. Stefanova P., Zl. Lecheva., "Practical guide to nursing care for patients with oncological diseases", ISBN 978-619-7357-33-4, published by "Baltika-2002", 142 pp., Burgas, 2020.

V. Citations

12 citations are presented in scientific publications, 10 in non-refereed journals with scientific review, 2 in monographs.

VI. Complex and qualitative assessment of teaching-methodical and teaching activities

The attached report shows that senior lecturer Petya Stefanova, PhD, carries out teaching, organizational and administrative activities. According to a report on her educational and teaching activities, she has the necessary academic load during the indicated years.

Senior lecturer Petya Stefanova, PhD conducts training (lectures, seminars, exercises, practical training and pre-graduate internship) for students majoring in "Nurse", "Medical Assistant" and "Healthcare Management". She is also a lecturer at the Center for Professional Training of the Bulgarian Association of Health Professionals; at the Center for Professional Education at the University "Prof. Dr. Asen Zlatarov" for the training of paramedics, as well as a manager and trainer of postgraduate training projects for the training of nurses, social workers and personal assistants.

The professional experience and education of senior lecturer Petya Stefanova, PhD are the basis of her formation as a researcher, lecturer and medical specialist. The scientific works, the monograph contribute to the improvement and development of healthcare, public health and quality medical education.

To this I would like to add my personal impressions of senior lecturer Petya Stefanova, PhD. I know her from the competition for a lecturer at the Uniersity in 2015. Her work expresses exceptional commitment to teaching, she works professionally with her students and colleagues.

VII. Conclusion

The overall scientific research, teaching and methodological and teaching activities of senior lecturer Petya Stefanova Stefanova, PhD, fully comply with the law on the development of the academic staff in the Republic of Bulgaria and the Regulation for occupying the academic position "Associate Professor" from the Regulations on the conditions and procedure for occupying academic positions of the University "Prof. Dr. Asen Zlatarov" - in the field of higher Education 7. Health and Sports, Professional Direction 7.5. "Health Care", for the needs of the Faculty of Public Health and Health Care, University "Prof. Dr. Asen Zlatarov" - Burgas

As a result of the above, I give a positive vote and propose to the members of the Scientific Jury to support the candidacy of senior lecturer Petya Stefanova Stefanova, PhD and to award the academic position "Associate Professor" in the scientific specialty "Healthcare Management".

19.02. 2025Γ. Pr Burgas