Университет "Проф. Д-р Асен Златаров" 8010 Бургас, бул. "Проф. Якимов" № 1 Рег. № 1 740-1 106, 07. 2020 г.

To the Chairman of the Scientific Committee, ordered with № RD -79/16. 03. 2020, of the Rector of the University "Prof. Dr. Assen Zlatarov "-Burgas

## **OPINION STATEMENT**

by Prof. Dr. Ioannis Vasileios Papathanasiou, MD, MSc, Ph.D

Department of Kinesitherapy

Faculty of Public Health

Medical University of Sofia

Medical University, Sofia 1527, 8 Byalo More Str.

Subject: Competition for the academic position of "professor" in the field of higher education 7. "Health and Sports", professional field 7.4. Public Health, Social Medicine and Organization of Health and Pharmacy.

In the competition for the academic position "Associate Professor", announced in SG, issue № 5 / 17.01.2020, as well as on the website of the University "Prof. Dr. Asen Zlatarov "- Burgas, one candidate is allowed to participate. Ass.Professor Svetla Michaylova Shopova,Ph.D.

By Order of the Rector № RD - 79 / 16.03.2020, I was appointed a member of the scientific jury and I was selected to prepare an opinion statement regarding the procedure for holding the academic position of "Associate Professor" with candidate Ass.Professor Svetla Michaylova Shopova, Ph.D.

## I. Analysis of the candidate's career profile

The candidate, Svetla Mihailova Shopova, was born in the city of Burgas in 1975. In 1993 she was graduated from the French Language High School "GS Rakovski "in Burgas, and in 2003 she was graduated from the Medical College at the University" Prof. Dr. Assen Zlatarov "-Burgas with EQD-specialist Rehabilitator. Acquired a bachelor's and master's degree in Business Administration - Health Management, respectively in 2007 and 2010 at the University "Prof. Dr. Assen Zlatarov "- Burgas. In March 2017, she acquired a Ph.D degree in Theory and Methods of Exercise Training and Sport (TMETS) at the "Vasil Levski" National Academy of Sports after successfully defending her dissertation entitled "System for assessing the quality of services in SPAs." From 2015 until today she holds the academic position "Chief. Assistant"in the Department of Marine and Rehabilitation Medicine Medical College at the University" Prof. Dr. Asen Zlatarov "- Burgas. She speaks fluently French, and intermediate English and Russian.

### II. General description of the submitted materials in the competition

The submitted documents for participation in the competition comply with the necessary requirements included in the Regulations for the terms and conditions for acquiring scientific degrees and holding academic positions (RLSDASB) at the University "Prof. Dr. Assen Zlatarov "- Burgas.

#### III. Complex qualitative assessment of the teaching activity

The Assistant Professor Svetla Mihailova Shopova, MD provide lectures, practicals and stage practice of the following disciplines: Therapeutic massage", Modern devices and equipment of SPA and wellness methods for rehabilitation and prevention" of Bachelor's students in specialty "Medical Rehabilitation and Occupational Therapy", as well as of "Professional Bachelor's" students in the specialty "Rehabilitator" at the Medical College at the University Prof. Dr. Assen Zlatarov "- Burgas. The report on the educational occupation shows the overwork of the candidate during the last five years.

### IV Assessment of the publications

For the needs of the present competition Ass.Prof. Svetla Mihailova Shopova, Ph.D, candidate with one (1) habilitation thesis, a monograph, entitled "Instrumentation for therapeutic massage", included in indicator B.1. A total of twenty publications (20) are included in indicator D.8 (publications and reports published in non-refereed journals with scientific review or published in edited collective volumes). In seventeen (17) of the above mentioned papers Ass.Prof. Svetla Mihailova Shopova, MD is a coauthor. According to indicator D.9, ch. Assistant Professor Svetla Shopova, present a chapter included in a collective monograph, as well as two textbooks included in the group of indicators E 21.

After a detail analysis of the papers of the candidate a variability was identified as well as following scientific directions were outlined: the prevention of the health status in patients with bronchial asthma (№№ 1,2) application of SPA and wellness procedures (№№ 5,6,7,10, 11,14,18), rehabilitation of social significant diseases (№№ 6,12,13), massage methods and techniques (№№ 8,24), stress management and prevention (№№ 10,18,19,22), geriatric rehabilitation (№№ 16,17), etc.

The Assistant Professor Svetla Mihailova Shopova, MD, presented evidence for a total of 13 citations, identified in monographs and collective volumes with scientific review.

The candidate fulfills the conditions for holding the academic position of "Associate Professor" in accordance with Art. 29 of LEASRB and minimum required points for the academic position "Associate Professor", according to ALEASRB in Area 7. "Health and Sports", professional field 7.4. "Public Health". The candidate also fulfills all the conditions for holding the academic position of "associate professor" in accordance with Art. 73 of the Regulations on the terms and conditions for acquiring scientific degrees and holding academic positions at the University "Prof. Dr. Assen Zlatarov "Burgas and minimum required points (See Table 1).

Table 1

Indicator groups	Academic position "Assoc. Professor"		
	Fulfillment	Basic National Requirments	Basic National Requirments University "Prof. Dr. Asen Zlatarov "- Burgas.
A Indicator 1	50	50	50
B Indicator 2	0	•	0
C Indicator 3	100	100	100
D Indicator 4	kananan mengangkan mengang pertentuk at di pentukun di pentukun di pentukun di pentukun di pentukun di pentuk	200	0
E Average of indicators 5 - 9	311,67	50	220
F Average of indicators- 10 - 12	110		60
G Average of indicators 13 -	39,4		20
Overall	611,07	400	450

# VI. Reflection of the candidate's publications in the national literature

Data for implementation of the basic national requirements classified by group indicators for the different scientific degrees and academic positions, according to art. 29, para. 3 of LSDASB shows that Ch. Ass. Prof. Svetla Mihailova Shopova, Ph.D for the average of indicators E from 5 to 9" collects 311.67 points with a minimum required points are 220.

## VII. Participation / implementation and project management

The Assoc. Prof. Svetla Shopova, MD, presented evidence for participation in a total of five intrauniversity research projects.

## Critical issues and recommendations

I would recommend to Ass.Prof. Svetla Shopova,Ph.D, to publish her future research manuscripts in foreign indexed journals.

## Conclusion

The Ass. Prof.Svetla Mihailova Shopova, Ph.D meets all the requirements for holding the academic position of "Associate Professor" included in the Law on its implementation, as well as Section IV "Conditions for holding the academic position of Associate Professor "of the Rules on the terms and conditions for acquisition of scientific degrees and holding academic positions at the University "Prof. Dr. Assen Zlatarov "- Burgas. I give my positive vote for her election as an "associate professor" and I recommend to the members of the esteemed scientific committee to award Assistant Professor Svetla Mihailova Shopova, Ph.D the Academic position "Associate Professor" in the field of higher education 7. "Health and Sports", professional field 7.4. "Public Health", scientific specialty "Social Medicine and Organization of Health and Pharmacy", for the needs of the Department of "Rehabilitation and Marine Medicine" at the University "Prof. Dr. Assen Zlatarov "- Burgas.

09/07/2020

Reviewer:

Prof. Dr. Ioannis Papathanasion

\_\_\_